

Ealing Rugby... One Club... One Extended Team...

What Ealing Rugby provides...

Pre-Match

Ealing Rugby is pro-active...

- An automated, web-based player availability system...
- Regular, competitive Rugby at an appropriate playing standard...

Training Week

Ealing Rugby is professional...

- Bi-weekly training with experienced, RFU qualified Coaches...
- Bi-weekly Physio support from experienced, qualified Staff...
- Floodlit, 3G training surfaces...

Match Day

Ealing Rugby is prepared...

- Assistance with transport to away matches...
- Laundered Club playing shirts. Individual socks and shorts...
- Coaching support for 1st and 2nd XV from experienced, RFU qualified Coaches ...
- Physio support for 1st XV from experienced, qualified Staff...

Post-Match

Ealing Rugby is an extended team...

- Saturday 'socials'...
- Annual rugby tours...
- Access to International tickets...
- Player feedback, mentoring and development...

SKILLS. TEAMWORK. RESPECT. ENJOYMENT. CONTRIBUTION. DISCIPLINE. SPORTSMANSHIP